



# Learning Disability Partnership Board Meeting April 26<sup>th</sup> 2021

Meeting led by Luci Maxwell Stewart and Sarah Pickard from Speak Out



What we talked about at the meeting

What we said we would do



## The Learning Disability Plan

Lou Aish from the council told us how things are going with the Plan.

Lou Aish will keep us up to date with how the Plan is going.



The council are asking what people think of the plan on their website until 31<sup>st</sup> may 2021.

Everyone will share the links to the survey and fill it out.

You can do the survey here:



<https://consultations.brighton-hove.gov.uk/social-care-and-health/adult-learning-disability-strategy>

Lou Aish will come back to us and tell us who will be in charge of each work group in the Plan.

And in easy read here:



<https://consultations.brighton-hove.gov.uk/social-care-and-health/disability-strategy-the-big-plan-easy-read>

The Health and wellbeing Board will look at it in July.



## Council website

Katie Evans from the council told us about work to make learning disability information more accessible on their website.



She has been working with Speak Out, the Carers' Centre, the health facilitator and lots of other people.



The Link group has been working on this idea for a long time. They have had a lot of good ideas about better ways to give information.



The page is much clearer now.

Everyone agreed that other websites should try to be more accessible too.



Some people said they would like advice from the Link Group too.

The page will be launched in June!

Emma Lopez will send around advice from the Link Group about making information and websites more accessible.

Jess Harper/Lou Aish will look into who will be in charge of the website page.

Lou Aish will make sure in is part of the Information and Advice Work Group for the Learning Disability Plan.

The Link Group will talk about what information should be on the web page.



## Vaccinations and the Learning Disability Register

Shannon Caldwell from Speak Out and Sally Polanski from Amaze gave a presentation about how the learning disability register helps people get good health care including Covid jobs.

Speak Out and Grace Eyre will help the CCG to promote the



To be a priority for the job you need to be on your doctor's Learning Disability register. Some people still not on the register. This means they don't get the other help they need to stay healthy either:

learning disability register.

Speak Out and Grace Eyre will share CCG information about vaccinations.

Speak Out will support the CCG to make sure that their information is accessible.



- Extra time
- Reasonable adjustments
- A health check every year
- Accessible information.

*Luci: 'My doctor's did not know about the register.'*

Speak Out will ask people with learning disabilities about good experiences of being on the register.



The Health Facilitator is working to train office staff in doctors so that they know about the register.

*Diana : 'My son is autistic, the surgery put him on the register and he was able to get his vaccination.'*

Speak Out will ask people with learning disabilities about their health checks. What were they like?



Some people with autism have been put on the register so they get the support they need. An autism register would be helpful for people who need support but do not have a learning disability.



## Covid Vaccinations

Lily Kennard from the CCG ( Clinical Commissioning Group for health care) Told us about what they are doing to make Covid vaccinations easier for people with learning disabilities.

Everyone will share information about quiet vaccination sessions.

- Quiet vaccination sessions where people can have more support and time.

People can contact Lilly with ideas for where the Mobile





- Easy read information.
- Mobile vaccination units a bit like ambulances. People can just turn up and have their vaccination.

She also wanted to know if people had questions about the vaccine.

People said they were worried about getting their second dose.

Others said that they were anxious about side effects. Who do you contact if you are worried?

vaccination units should go.

She would also like to hear what more can be done to make things better.

[lilly.kennard@nhs.net](mailto:lilly.kennard@nhs.net)

Lilly to look into whether the leaflet you get after your vaccination is available in easy read.



## Isolation during Covid

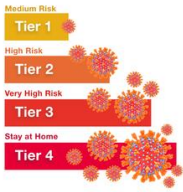
The Link Group wanted to tell the Partnership Board about how the last year has changed life for people with learning disabilities.

Shannon Caldwell gave a presentation about how Covid has affected them.

- People have been lonely and scared.
- Their mental health has suffered badly.
- They have lost skills and confidence.
- Some say they have not had the support they need.

Speak Out will ask people what skills they have lost.

Speak Out will ask people what support they need to get out and about again.



- People say they will need extra support when things start to open up again.

Naomi Cox from Grace Eyre said they are doing contact work with people who went back to live with their families during Covid19. The Friendship Group are meeting up outside.

Diana Boyd from The Parent Carers' Council said it would be good to find out what skills people have lost. They might also have missed some education.

We talked about how to weigh up the risk of Covid19 and the risk of isolation damaging mental health.

Lou Aish will find out what plans the council have to support people with this.

We will continue to talk about this issue as restrictions lift.



## Find out more

If you want to find out more about the Learning Disability Partnership Board or Speak Out contact :










Emma Lopez










01273 421 921



[emmalopez@bhspeakout.org.uk](mailto:emmalopez@bhspeakout.org.uk)

|   |                                  |
|---|----------------------------------|
|    | <h2>Who came to the meeting</h2> |
|    | <p>Luci Maxwell Stewart</p>      |
|    | <p>Shannon Caldwell</p>          |
|    | <p>Sarah Pickard</p>             |
|    | <p>Emma Lopez</p>                |
|    | <p>Sally Polanski</p>            |
|   | <p>Georgina Clarke-Green</p>     |
|  | <p>Jane Viner</p>                |
|  | <p>Lou Aish</p>                  |
|  | <p>Jenny Cain</p>                |
|  | <p>Jessica Harper</p>            |
|  | <p>Natalie Baldwin</p>           |
|  | <p>Shanni Collins</p>            |
|  | <p>Lilly Kennard</p>             |
|   | <p>Naomi Cox</p>                 |

|   |                  |
|---|------------------|
|  | Steve Castellari |
|  | Katie Evans      |
|  | Diana Boyd       |
|  | Phil Cawston     |
|  | Victoria Garcia  |
|  | Sarah Podmore    |
|  | Carl Campbell    |