

Having a Covid-19 jab (vaccine) at the Racecourse



Hello, I am Mike, I am going to have a Covid-19 jab (vaccine) at Brighton Racecourse.



We phoned, **to book** my jab (vaccination) at the Racecourse.

Phone: **0300 303 8060**



We **told them** that **I have a learning disability** and need, more time, a quiet space and things explained to me in easy words.

We also told them what has helped me to have jobs in the past.



This is me getting ready at home.

I am making sure I have my:

- Face Covering
- Tissues
- Hand gel
- Drink
- Comic book
- Sunflower lanyard
- Thumbs up card



To make it easy to have the jab (vaccination), I am wearing a t-shirt and hoody.



I am going in the car with my brother today.



If you need **help** to get to the Racecourse you can **book free transport.**

Phone **01444 275008**

Open: Monday to Friday
10:00 to 1:00
and
2:00 to 5:00



When I got to the Racecourse, staff in yellow tops showed me where to go.

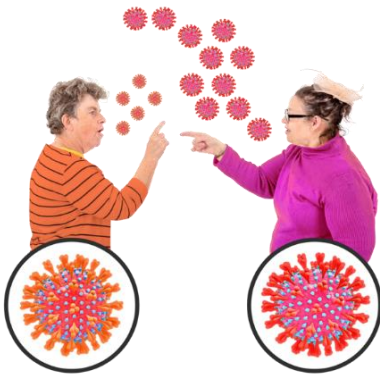


When I got to the front door, I **showed** the staff my **Speak Out thumbs up card** and **sunflower lanyard**.

I told them I have a learning disability.



When I got inside, the staff took my temperature.



To check I haven't got Covid-19, the staff asked me:

Do you, or people in your house have Covid?

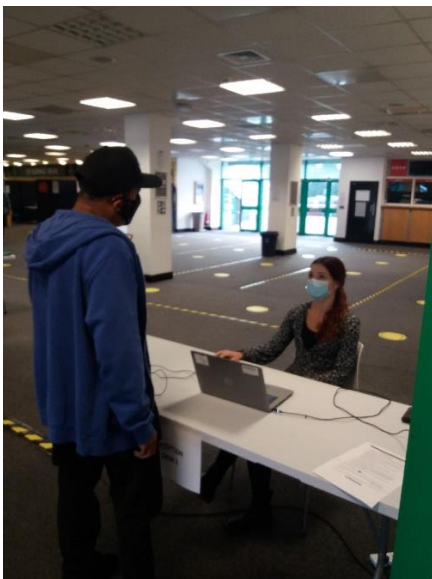
Are you, or people in your house waiting for a Covid-19 test result?

Have you met with anyone who has been told they have Covid-19?

In the last 10 days have you travelled out of the country?

Do you have any of these symptoms?

- high temperature or fever
- new continuous cough
- loss or alteration to taste or smell

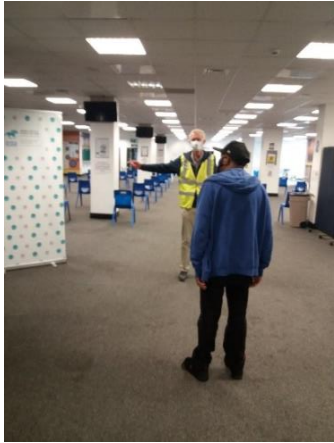


This is me at the reception desk.

The staff asked me these questions:

- Have you got an appointment?
- What is your name?
- What is your date of birth?

They gave me a form to give to the person doing the vaccination and easy read information.



The staff in yellow tops took me to the person doing the jab (vaccination).



The person doing the jab (vaccination) asked me these questions:

- My name
- My date of birth
- My ethnicity
- Am I allergic to any medication?
- How I felt after my 1st Covid-19 vaccination?
- In the last 7 days have I had any other vaccinations?
- Am I on a Covid-19 trial?
- Am I on any medication that makes my blood thin?
- They ask females if they are pregnant?

My Brother helped me answer the questions.



This is me having my jab (vaccination).

Relax, try not to worry about it,
It's not as bad as you think.



After you have the jab (vaccine), the
nurse put cottonwool on my arm.



I had to rest for 15 minutes after the jab
(vaccination).

I was pleased I brought my comic book,
so I had something to do.



This is me after the jab (vaccination).

I felt happy that I got my jab (vaccination) done.

Its nothing to worry about because it helps to keep you safe.



If you have **questions** about the Covid-19 jab (vaccine) you can phone:

Phone: **0800 433 4545**

Open 9am to 4pm, Monday to Friday.



A very big thank you to Mike for sharing his story.



This story was made for the Racecourse Vaccination Centre by:

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August 2021

